

Vegetarian Side Dishes

Mushroom Bhaji (V).....	£2.45
Saag Bhaji (spinach) (V).....	£2.45
Vegetable Bhaji (V).....	£2.45
Tarka Dhall (lentils and garlic) (V).....	£2.45
Bombay Aloo (chilli potatoes) (V).....	£2.45
Saag Aloo (spinach potatoes) (V).....	£2.45
Aloo Gobi (potato and cauliflower) (V).....	£2.45



Tandoori Nan Bread

Nan (V).....	£1.95
Keema Nan (M).....	£1.95
Peshwari Nan (V).....	£1.95
Garlic Nan (V).....	£1.95
Herb Nan (V).....	£1.95
Paratha (V).....	£1.95
Stuffed Paratha (V).....	£1.95
Chapatti (V).....	£1.00

Rice and Sundries

Jamuna Rice (V).....	£2.50
Keema Rice (M).....	£2.50
Vegetable Rice (V).....	£2.50
Mushroom Rice (V).....	£2.50
Pilau Rice (V).....	£1.95
Steamed Rice (V).....	£1.95
Pappadum (V).....	£0.50
Onion/Cucumber Raitha (V).....	£0.50
Chips (V).....	£1.50
Chutney (per head) (V).....	£0.50



Please note: Some of our dishes may contain bones, nuts or nut traces, please ask our staff for advice.

(M) - Meat (S) - Seafood (V) - Vegetarian



Jamuna Exclusive Offers

Offer 1

Sun to Thur Special 4 Course Meal	Any Starter
	Any Main Dish
	Any Vegetable Side
	Any Rice

Call & Collect	Dine In	Delivered Hot to Your Door
£7.95	£8.95	£9.95

Mega Family Value Banquet	Offer 2	£29.99
Sun - Thur	Four starters	
Takeaway, Dine in or	Four main dishes	
Delivered	Four choices of rice	
	Based on 4 persons	

Student Supreme	Offer 3
Takeaway or Dine in	10% of the total bill
	Valid on production of student Card

NHS OFFER
20% OFF Takeaway or Dine In



Terms & Conditions

All offers available upon request. Minimum delivery £10. Prices and opening times subject to change without prior notice. No offer to be used in conjunction with any other offer. Management reserves the right to refuse service without prior notice.

Exquisite Indian Cuisine
Fully licensed Restaurant
& takeaway

Jamuna
89 Caerphilly Road, Birchgrove, Cardiff, CF14 4AE

Watch our Experienced chefs
cook **FRESH** in our open
plan kitchen!

NEW MENU 2009
PRICE CRUNCHED

NEW Home Delivery Service



All orders freshly cooked to order

We offer a unique outdoor catering
service. Specialising in Weddings,
large family functions & corporate events.

***Sun to Thur Night Special
4 Course Meal**

- Any Starter • Any Main Dish
- Any Vegetable Side Dish
- Any Rice

From £7.95

*Collection / Dine In / Delivered
5.30pm till midnight

Please see back page for
other special offers

Opening Hours:

5.30pm till midnight
(every day)

Please book to avoid disappointment !!!

Tel: 029 2062 6220



Starters and Appetisers

Chicken or Lamb Tikka (M)	£2.45
<i>Marinated in mild spices and herbs grilled in a charcoal oven.</i>	
Sheek Kebab (M)	£2.95
<i>Spicy rolled mince lamb cooked in a charcoal oven.</i>	
Meat Samosa (M)	£2.45
<i>Pastry filled with mince lamb.</i>	
Kebab or Chicken or Prawn Puree (M) (S)	£3.00
<i>Marinated mince lamb or chicken or prawn placed in a light fluffy roti.</i>	
Chicken Puree (M)	£3.00
<i>Marinated chicken placed in a light fluffy roti.</i>	
Mix Tikka (M)	£3.95
<i>Selection of chicken tikka, lamb tikka and sheek kebab.</i>	
Chicken or Fish Chat (M) (S)	£3.95
<i>Marinated chicken or fish and vegetables curried in selected spices.</i>	
Onion Bhaji (V)	£1.95
<i>Chopped onion lightly spiced with garlic.</i>	
Aloo Chat (V)	£1.95
<i>Combination of vegetable and potato lightly curried in selected spices.</i>	
Vegetable Samosa (V)	£1.95
<i>Pastry filled with mixed vegetables.</i>	
Mushroom Pakora (V)	£1.95
<i>Fresh market mushrooms cooked in herbs and spices.</i>	
Garlic Mushroom (V)	£1.95
<i>Fresh mushrooms tossed in garlic, finished in a light cream.</i>	
King Prawn Puree (S)	£4.95
<i>Ocean king prawn delicately prepared in eastern spices, placed in a light fluffy roti.</i>	



Main Dishes

Jamuna Specialities

Shagorana (M)	£6.95
<i>Chicken on the bone stuffed with mince lamb.</i>	
Chicken Chat (M)	£6.95
<i>A savoury dish. Chicken Tandoori stir fried with Bhoona style vegetables flavoured in chat spices.</i>	
Murghi Jalfrezi (M)	£6.95
<i>Medium or hot dish. Chicken lamb specialised in crushed spices, garnished with African chillies, onion, pepper, tomatoes and fresh coriander.</i>	
Korahi (M)	£6.95
<i>Chicken or lamb cooked with chopped onion and capsicum delicately thick sizzling Tavah sauce.</i>	
Bengal Shai (M)	£6.95
<i>Chicken or lamb dish, prepared with mince keema a handful of selective spices, garnished with chopped coriander.</i>	
Samba Bazaar (M) (S)	£6.95
<i>Selection of chicken, lamb, prawns and fresh vegetables. A traditionally prepared dish cooked in diced onions and curried in medium strength spices.</i>	

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Masala Specialities

Tandoori Shashlick (M)	£6.75
<i>Chicken or lamb tikka. Whole breast fillet, served with Tandoori onion, tomato and pepper prepared on medium juicy marinade, served with green salad.</i>	
Mix Grill (M)	£7.95
<i>Tandoori chicken, lamb tikka, chicken tikka served on a bed of sizzling onions and capsicum served with crisp green salad.</i>	
Tandoori King Prawn (S)	£9.95
<i>King size prawns grilled in a charcoal oven, marinated in mild spices. Complete with Tandoori tomato, capsicum and onion. Accompanied with crisp green salad.</i>	
Chicken or Lamb Tikka Masala (M)	£5.50
<i>Most popular dish. Chicken or lamb marinated over night in a Tandoori sauce, cooked slowly in a hot clay oven. Immersed in a special masala sauce, garnished with cream and nuts.</i>	
Chicken or Lamb Tikka (M)	£5.50
<i>Sizzling chicken breast or lamb marinated in a Tandoori sauce, served with Tandoori onions, capsicum and tomato.</i>	
Half Tandoori Chicken (M)	£5.50
<i>Half a chicken slowly cooked in a charcoal Tandoori oven, giving the dish its distinctive taste; due to the early marinate process. Served with green salad.</i>	

Balti Exclusive

Exclusive dish cooked with fresh ground spices, imported from Bangladesh. Combined with tomatoes, fresh green chillies and capsicum. Made from the chef's recipe to create a Bengali Balti. Tandoori nan bread is recommended to compliment our range of Balti dishes.

Chicken Balti (M)	£5.50
Lamb Balti (M)	£5.50
Chicken Saag Balti (M)	£5.75
Chicken Mushroom Balti (M)	£5.75
Lamb Saag Balti (M)	£5.75
Lamb Mushroom Balti (M)	£5.75
Jamuna Balti (M)	£7.95
Vegetable Balti (V)	£4.95
Prawn Balti (S)	£5.50
King Prawn Balti (S)	£7.95

Any other Balti dish available upon request.

Classic Favourites

Curry - specialised through the imaginative use of spices and seasoning to give a unique taste.
Madras - A favourite dish inspired with ground chilli combined with a range of herbs and spices.
Vindaloo - A uniquely hot dish, extensively prepared with ground cumin, cinnamon, red chilli and fenugreek.
Korma - Slowly cooked in aromatic spices, cream and milk.
Rogan - Curried in medium house spices, infused in tomatoes, onion and garlic.
Bhoona - Cooked in aromatic whole spices, sliced onion and tomatoes in a thick sauce.
Pathia - Sweet and sour Persian dish, hot with chillies, a hint of lemon and sugar for distinctive taste.
Dhansak - A hot, sweet, thick and creamy lentil sauce, squeezed with fresh lemon to exaggerate the taste.
Dupiaza - Chopped onions, cubed peppers prepared in ethnic house spices, in thick sauce, garnished with tomatoes.



Chicken (M)	£5.25
Lamb (M)	£5.25
Vegetable (V)	£5.25
Chicken Tikka (M)	£6.25
Lamb Tikka (M)	£6.25
Prawn (S)	£5.25
King Prawn (S)	£7.25

Eastern Biryani

Fragrant Basmati rice imported from East India. Treated with chicken, meat, prawn or vegetable. Slowly cooked in light purified ghee with spices and herbs. Accompanied with a fresh vegetable curry, to compliment the taste of the dish.

Chicken Biryani (M)	£5.25
Lamb Biryani (M)	£5.25
Chicken Tikka Biryani (M)	£6.25
Lamb Tikka Biryani (M)	£6.25
Prawn Biryani (S)	£5.25
King Prawn Biryani (S)	£8.25
Jamuna Biryani (M)	£10.25
Vegetable Biryani (V)	£4.95
Mushroom Biryani (V)	£4.95



Mild Delicacies

Butter Chicken (M)	£6.95
<i>Chicken on the bone, slowly cooked with mild spices, finished off with clarified prepared butter.</i>	
Peshwari (M)	£6.95
<i>Chicken or lamb dish. Consisting of coconut, cinnamon, hint of cardamom, turned in and mild delicate sauce.</i>	
Kurma Special (M)	£6.95
<i>Chicken or lamb dish. A mild spicy popular dish of Kashmir, garnished with a whole egg.</i>	
Murghi Makhani (M)	£6.95
<i>Filet of chicken, prepared in a creamy sauce, cardamom, cumin and a range of mild spices.</i>	
Chicken Pasanda (M)	£6.95
<i>Chicken or lamb. A delightful Indian dish, flavoured with mild spices.</i>	

Vegetarian Main Dishes

Vegetable Sobzi (V)	£4.25
<i>Various vegetables curried in medium spices.</i>	
Saag Paneer (V)	£4.25
<i>Spinach cooked with Indian cheese in a range of spices, medium in flavour.</i>	
Malai Kofta (V)	£4.25
<i>Mixed vegetable balls, delicately immersed in rich mild spiced sauce.</i>	
Katchuri Dhansak (V)	£4.25
<i>Chopped vegetables, squeezed with fresh lemon with a touch of sugar, giving a refreshing taste.</i>	
Muttar Paneer (V)	£4.25
<i>Fresh peas sautéed in ground spices, curried in medium sauce.</i>	

(Potato can be added in all the above dishes for an extra £1)

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